



## Best practices for eco-sustainable tourism

Our hotel is working to improve its environmental and energy management system

We invite you to follow a series of basic actions to safeguard the environment:

- 1- We change towels every day. If you want them to be replaced, please leave them on the floor
- 2- The set of hygiene products is replenished every day. Please do not throw away bottles or bars of soap if they aren't fully used up.
- 3- Efficient use of available lighting helps to significantly reduce electricity consumption. Please remember to keep lights turned off if you don't need them.
- 4- To clean your teeth, shave or wash your hair, keep the tap turned off when you don't need water.
- 5- Help us with separate waste collection by using the special bins, colour coded for each type of waste
- 6- Always close the windows in your room if the heating or air conditioning system is in operation.
- 7- Remember to always turn off electrical devices before going to sleep.
- 8- Remember that the best temperature for guaranteeing physical well-being is around 20°C in winter and 6-7°C lower in summer.
- 9- Please let us know about any faults (leaks, malfunction, etc.);
- 10- help us to improve by recommending other tips for protecting the environment.

### **Respect for the environment can also continue beyond our hotel doors:**

- Buy local food and drinks, even a simple bottle of water. Goods transport causes significant pollution in terms of emissions and use of resources.
- Use waste bins located around the town and continue to apply the separate waste approach.
- When you organise a visit to a specific area, find out about the public transport options available to get you there.
- Visit Cinque Terre by using the most environment-friendly transport available;
- Try to understand the history and cultural identity of the places you visit;
- Share your eco-sustainable tourism experiences with other guests, and leave your hints and tips for us at reception before you leave;

Thank you for your cooperation. Kindest regards,

*Environmental Management Officer*